

GOLDEN LAMP

OF COLORADO



EPSILON SIGMA ALPHA

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**2023 - 2024
Colorado State
Council Officers**

President
Karen Addison

President Elect
Susan Bloss

Recording Secretary
Leslie Stevens

Vice President
Lori Anderson-Havelick

Treasurer
Bonnie Gillmore

Corresponding Secretary
Jenniffer Carlson-Mazza

Parliamentarian
Mary Humphrey



Friendship



One of the best things
to hold onto in this World
is a friend.
Each of us is a vital thread
in the fabric
of the other's tapestry.
Our lives are woven together
for a special reason.
True friends
make such a beautiful
impact on our soul,
we can no longer remember
what life was like
without them.
They understand our past,
believe in our future
and accept us
just the way we are.

S. Cummings

PRESIDENT'S MESSAGE

Dear Members of ESA.

As my term as president comes to a close, I wanted to take a moment to reflect on the incredible journey we've had together over the past year. It has truly been a privilege and an honor to serve as your president, and I am immensely grateful for the trust and support you have all placed in me.

Throughout this year, I have had the pleasure of getting to know many of you on a deeper level, and I am continually inspired by the dedication and passion that each member brings to our organization. Your commitment to our shared goals and values is what makes ESA such a vibrant and dynamic community, and it has been a joy to work alongside each and every one of you.

I would like to extend my heartfelt thanks to all of you who have contributed your time, energy, and expertise to help make this year a success..

While my time as president may be coming to an end, my dedication to ESA and its mission remains as strong as ever. I look forward to continuing to support our organization in whatever capacity I can, and I am excited to see all that we will accomplish together in the years to come.

Thank you once again for the incredible privilege of serving as your president. It has been a truly unforgettable experience, and I will cherish the memories and friendships that we have shared forever.

With warmest regards,

Karen Addison

Colorado State President 2023-24

**GOLDEN LAMP
EDITOR**

Hello ESA Member's

Thank you to everyone who sends in articles. I want to remind ALL chapters; any chapter can send in an article to let us all know how they are doing and what their chapters are doing! We would love to hear from you!!!

Mary Humphrey helped me get the form I needed to register for the newsletter for IC. So, we are submitted and ready to go. They do need all articles by June 1st, so like last year I will be asking you to submit all June articles by May 25th.

Thank you for all your help and getting me your articles in time!

Please reach out to me at any time with any questions or comments about the Golden Lamp.

My email is goldenlampnewsletter@gmail.com or call / text me at (719) 221.9447

Please send all articles to: goldenlampnewsletter@gmail.com

In the subject line put **Golden Lamp Article**

Please make sure I respond to your email. If I don't respond, then I didn't receive it.

The Golden Lamp newsletter will be uploaded on the 15th of the on www.esacolorado.org

Love in ESA

Jenniffer Carlson-Mazza

2023-2024 Golden Lamp Editor

VICE PRESIDENT MEMBERSHIP

I have some good news to report. We have 16 New Members.

Here is the breakdown:

15 New members

1 Desa/Elan - Arlo Aguilera

3 Pledges into the MAL's - Headquarters

Total = 19

I missed the new Desa/Elan.

32 Chapters

Totals = 295 41 Demits, 19 Pledges (3 are from Headquarters) 19 Transfers In, 14 Transfers Out, 3 Reinstatements Total Members: 278

I get to give out some Awards to chapters and several chapters have received Just One More into their Chapter for ESA. Yay!! The Power of Us campaign is going on till May 31st. KEEP ON ROLLING!!

Convention Bid - I put in the Newsletter awhile back an idea to put your thinking caps on. There are some big chapters that can put on a Convention and there are also small chapters to get one going also if they team up. It would be nice if we could get several cities to sign up so we could vote on them, like in the olden days. Please email or call me if you are interested in doing a future Convention.

Leadership Report - I reported on the Baseball Theme Reunion that Kerry Considine from Illinois who has 42 members in her chapter put together at the Spring Board Mtg 2024. Kerry Considine and Lauren Ryan are the State Membership Directors. Kerry put this program together to get members, recruit older members that we haven't seen and MAL's.

We could get all members of our Colo Membership together at a State Level to do this idea with everyone that we know who has been in ESA. Kerry's theme was "Hit a Homerun in ESA." She has everything all laid out and this could help you plan anything in your individual chapters also. Any other ideas are welcomed too.

For our Colorado Reunion I was thinking of a Family BBQ bringing family members, friends and we can all introduce each other. We could set up volleyball, cornhole games and card games. Kerry also had a table set up with pamphlets, brochures and you can be signed up into ESA right there. She takes her laptop and her ESA cards anywhere and they can be easily signed in. Now, there is a Hi Hello app. Her table was set for the baseball theme, but you could do anything. She also has another paper for dates as to when and how to get this set up. It is set up easily step by step. I will make copies and have them out for the Convention. These ideas would help to get Legacy family members signed up and people stopping by to see what is going on.

Table/decor: Food and drink always helps

- White with red tick marks or blue tablecloth, ESA print outs –Table tent with QR code, What’s Next info pages, bookmarks, applications, etc.
- 3 Baseball centerpieces (sawed off baseball w/pick,) pennant, mini bats, gloves, catcher’s mask, (ESA on items) pom poms, jersey, hat, trophy, scoreboard, baseball cards, popcorn in containers, peanuts, crackerjacks, sunflower seeds, big league chew/bubble gum

I forgot to mention that you can also Partner up with Elks or the Lions Club and they did mention this at Leadership. They can put dinner on for you. All Lodges have different prices to rent a space and it is affordable, especially in the Denver area. You would just need to call and all you have to do is ask.

Please think of some other ideas that we could do to bring everyone together. I think this is a wonderful idea. This can be in the Denver area as well as meeting halfway somewhere. Let me know by email loriandersonhavelick@gmail.com and my cell is 720 353 8839.

Looking forward to warmer days,

Lori Anderson Havelick,
Vice President/Membership Director



PARLIAMENTARIAN

A summary of the proposed changes to the Bylaws was published in the February Golden Lamp; updates have also been published in other issues. Hopefully you have discussed the changes with your chapter.

After the State Convention, the Guideline Committee, consisting of those on the 2023-2024 Bylaw Committee, will meet to update the Officer Guidelines based upon the acceptance of the proposed Bylaws. Request the elected and appointed officers also review your current guidelines; email any updates/revisions to both myself and Susan Bloss. The guidelines can be downloaded from the CO website, [ESA Colorado Officers Guidelines](#).

As we transition officers at the State, Council, and Chapter levels, it's also time to purge your records. Each officer should maintain records covering their office as noted below:

- A. Treasurer records are kept for seven (7) years.
- B. Minutes of meetings shall be kept indefinitely, as they are historical records.
- C. Files over five (5) years of age can be destroyed.
- D. Also, refer to the CSC Records Retention Guidelines posted on the CO website under Officer Guidelines.

Please let me know if you have any questions.

Mary Humphrey
2023-2024 Parliamentarian

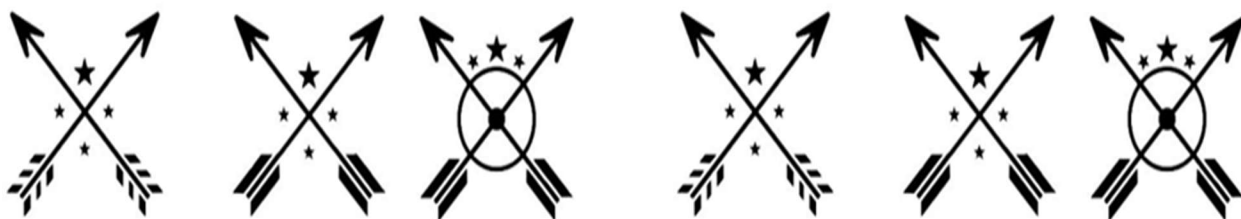
DISASTER FUND

Hello Members

For those that don't know what the ESA Disaster Fund is, here is some information. ESA Disaster Fund is a fund for ESA members and their immediate family to apply to in the event of catastrophic life events. You or your immediate family can apply for up to \$8,000 that you do not need to re-pay.

You can check out <https://epsilonsigmaalpha.org/member-center/chapter-management/international-council/disaster-fund> for the guidelines and the application. I am also selling tickets for the Mystery Bag Drawing that will be held at the State Convention valued at around \$250. Tickets are 6 tickets for \$5 or \$1 each; if you would like to buy tickets you can send me a check and I will mail your ticket(s) or wait to give them to you at our 2024 CSC Convention.

Chloe McClantoc
CSC Jr. Past President/Disaster Fund



ESA FOR ST. JUDE

ESA for St. Jude

Well done Colorado ESA for St. Jude – you rocked it again for the precious kids at St. Jude Children’s Research Hospital!!! I’m so thankful and proud of you all!!! Please give yourselves a hug from me. 😊

Sharing an email from Deena (Program Director, ESA for St. Jude) if you were part of the Power of Connection virtual Enrichment Event.

“Hello and thank you to those who participated in and attended The Power of Connection virtual Enrichment Event.

Thank you for sending your lists and photos of all the items that you donated to St. Jude. ESA collected and contributed over 300 items including books, toys, games, crafts, and personal care items. Way to go! Thank you to our incredible guest speaker, Katherine Seal, Sr. Advisor of the Patient Family Outreach Team at ALSAC. We learned a lot about best practices when it comes to interacting with and inviting St. Jude patients and families to your fundraising events.

If you are ready to send your collected items, carefully package them up and mail to:

*St. Jude Children’s Research Hospital
Attn: NMO (Non-Monetary Operations)
501 St. Jude Place
Memphis, TN 38105*

If you have any additional questions, please contact: esaforstjude@epsilonsigmaalpha.org

*Thank you,
Deena Steele
Program Coordinator
ESA for St. Jude
970-223-2824
epsilonsigmaalpha.org”*

April 24th Wednesday @ 6pm - ALSAC ZOOM Volunteer Experience Webinar (2nd of 4-part series). “April – INSPIRATION: You are our inspiration and with National Volunteer Week taking place in April, we hope you’ll join us for this celebratory virtual event with some special guests and inspirational topics!” Please register by April 22nd to receive the link to join in. Not signed up in the VMS yet, check out: VOE@alsac.stjude.org

Reminder, our CSC ESA for St. Jude drawing is the 6-piece AMERICAN TOURISTER Luggage set. The pink tickets will be available to purchase at our May 2024 CSC Convention, whereby we'll have the actual drawing and will please need to be in-person to win as well. We already have a generous \$85 towards our \$200 goal, from tickets sold at our 2023 CSC Fall Boards. The pink tickets to purchase are \$1 each or 6 tickets for \$5. Thank you



I'm so excited to share now what you all have been up to this past year volunteering for St. Jude. Here is a list of ideas/activities/events from the CSC ESA for St. Jude report forms (12) that were mailed or emailed to me PLUS the final Colorado ESA for St. Jude Coordinator's Report (4/1/2023 -3/31/2024) as well. In no particular order, here is what our ESA Colorado volunteers did for the kids at St. Jude Children's Research Hospital this past year: (THANK YOU!!!)

- Memorials (generous multiples)
- Donations (generous multiples, including congrats to a Chapter for their 65th Anniversary)
- Bags for Bucks
- Adi's 6th Birthday Wish (precious ELAN)
- Walk/Run (multiples)
- IC Challenge (multiples)
- Craft Sale
- Memphis Marathon (past ESA Director Charlotte Carloni)
- Basket raffle
- Yard Sale
- Pampered Chef Party
- Farmer's Market
- Quilt Drawing
- Mahjong Fundraiser
- Partners in Hope
- St. Jude Radiothon
- Dream Home: Colorado Springs
- Dream Home: Denver

Lastly, the CSC ESA for St. Jude final tally is (drum roll) \$ _____ you'll find out at our CSC May Convention – so hope to see you all there.

LOVE in ESA,
 Susie Morris
 ESA for St. Jude - CSC St. Jude Coordinator (2023-2024)
 Pi Sigma #5621 – Johnstown, CO

Join Us in Making an Investment in the Future.

It's Not too Late to Join Foundation!

Joining Foundation can be a goal for each member. Also, each chapter can become a foundation member in addition to individual members.

"The ESA Foundation is a public foundation for anyone who shares our goals. The annual membership fee is \$40. You may also opt to support the Career Enhancement Grant through a \$500 one-time Life Active membership. All dues are tax deductible."

"Established in 1970, the ESA Foundation is dedicated to the promotion of continuing education and to altruistic activities that make a positive difference in the world community. Voluntary contributions of time and money from ESA members, ESA Foundation members, and friends of the Foundation are the ESA Foundation's sole sources of support. As a nonprofit, tax exempt corporation, the ESA Foundation supports the service and leadership programs and the philanthropic projects of Epsilon Sigma Alpha International."

Membership runs for each year from January through December.

The Scholarship winners for the most 2023/24 will be announced soon. If you are a Foundation Member, you will see the list of recipients in the next Foundation Newsletter.

Thank you for supporting Foundation and for letting me introduce you to all the benefits of Foundation this year! It has been a pleasure to serve as Foundation Counselor for the state of Colorado!

Susan Winton



WEBMASTER



Colorado Web Team

esacolorado.org



Two, four, six, eight - **WHO** do we appreciate? Our Colorado ESA members!!!

Thanks to all our members who have contributed to the Colorado ESA Website with events for the CALENDAR page as well as items for the notices section of the OFFICERS/CHAIRMEN page. AND for notifying us when something isn't working.

Two, four, six, eight - **WHAT** would we appreciate? Pictures, pictures, pictures for our PROJECTS page!

We are still in need of updated items for our PROJECTS page. We know you are doing great things for St. Jude, Easterseals, and Hope for Heroes. Don't be shy. Share your fabulous events with everyone!

Be sure to check out the CALENDAR page. Lots of exciting events coming . . .

Our Zoom account was very busy during March. Other than when we first launched this account and ramped up for our first Zoom CSC State Convention, Colorado had four online meetings during the week of March 10: the Lamplighters, Alpha Phi, CSC Executive Board and CSC Spring Board meeting. Such productive times!

See you in Colorado Springs where we will be sharing lots of the Aloha spirit!

Mahalo!

The Colorado ESA Web Team

Bonnie & Candie

**ALPHA OMICRON
SALIDA, CO**

HAPPY APRIL!

We are so excited to finally get some warm weather. The last few months it's been nothing but snow, cold, and A LOT of wind.

As our 2023-2024 is winding down, we still find ourselves busy. We will have a couple fundraising events coming up. One being our annual yard sale which every member helps with and even though yard sales are a lot of work, it's very rewarding and our members get to do a spring clean of their stuff 😊

We had members helped Adi with her first cookie stand of the year. They helped make cookies for her two-day stand. Adi did well at her cookie stand.

One of my absolute favorite things about our chapter is our May banquet. Our members work hard at putting together an amazing party. I know this year will not disappoint.

We hope to see you at State Convention!

Love in ESA

Jenniffer Carlson-Mazza

Chapter President

Alpha Omicron #770

Salida, CO

ALPHA PHI GOLDEN, CO

Alpha Phi #327

Has been busy and we are ready for a great Spring!

Two members went to San Diego to the Western States Spring Fling! We had wonderful weather and enjoyed many friendships.





Three members of Alpha Phi attended Leadership Convention in Colorado Springs. We also had President Elect Susan Bloss with us! We had lots of fun, learned a lot and are excited to share!



March had Alpha Phi Educating in a big way!

A party was held and 8 of our members presented fun educational topics to the group! We had 'flowering plants of Phoenix,' a 'mini horse farm,' a 'crochet across America' and more!

In just a few hours we learned so many new things! What a great way to spend an evening! Thank you, Sandy Alexander, for such a wonderful idea!

Note: Our Educational was taped in Zoom, but I didn't think to get any pictures!

AS WE ENTER 2024, WE ARE SADDENED

and remembering two sisters of Alpha Phi that we are going to miss dearly.....

Jan Coates and Gladys Jean Dinwiddie have joined our heavenly father. We will miss both of them. Their inspiration and dedication to ESA were unparalleled.

**The Power of Connection**

As my journey in ESA continues, I see that one of the **most powerful** things ESA has: *connection with each other*. The long - term relationships I see happening around me are amazing. I have attended IC conventions, a regional weekend, leadership convention, State conventions, and of course have met with my chapter. It is amazing how I feel when I think about the people I have met and how many friends I have out there.... I can't wait until I get to meet an international friend!!!!

Here are some ideas you can use to make a connection with your chapter, or with your state:

Create the buddy system. Have a buddy in your chapter you check in with regularly. Have a buddy in a *different* chapter of your state you check in with at least monthly. Share ideas and encourage one another. This might happen naturally, or you may need to put it on your calendar, it works both ways!

When you attend an ESA event, do what we do best, connect with those around you! Shine for ESA. Wear your ESA shirts, have fun and let others around you see what you are doing, and then share with them your love of ESA.

Be prepared to share with your new friends. Have a business card ready to give out or create an electronic business card using the app HiHello. This is an easy, free app where you can enter your information and easily share with your new friends! If you want some help with the app, reach out to me and I would be glad to help!

Share the great fun you are having *on all media platforms* available to you: Facebook, Instagram, Twitter, Pinterest, Next door, Snapchat, LinkedIn. If you don't know how to use a media platform, ask those around you.

When you share these wonderful and exciting and fun activities, take pictures. Make sure your pictures are eye catching! People sitting around a table having a meeting isn't very exciting, but asking participants to show their enthusiasm as you take their picture can make an amazing, eye-catching picture!!!

Susan Winton

Alpha Phi President



Friendship

BETA ZETA CANON CITY, CO

This is the time of year when we reap the rewards of our hard work from our fundraising efforts—handing out the checks to local non-profits. Beta Zeta is not “Bill Gates” and we are not handing out mega-millions, but in our community small donations can add up.

Contributions were made locally to Fremont Regional Hospice, Sangre DeChristo Hospice, Orchard of Hope, Meals on Wheels, CASA, Canon City Literacy Center, and the Dolly Parton’s Imagination Library. While giving the check to the Dolly Parton project we ran into the lady herself, along with Kathleen Kennedy, Fremont County coordinator and a little future reader. Mary Chamberlain and Carol Dunn delivered the check and plan on challenging other Fremont County non-profits to match or exceed Beta Zeta’s donation.



GAMMA CHI LOVELAND, CO

It is hard to believe that the State Convention is around the corner. As usual Gamma Chi sisters have been busy..

March started out with our annual Bunco Party. We held it at a new location, which is a bigger venue. We ended up with 23 tables and enjoyed a fun day with everyone that attended. We served a taco lunch with all the fixings. The fundraiser this year was for Matthew’s House. In a year they will be opening a place for 18-year-olds that have exited the foster care program and have no place to go. It was a very successful afternoon.

Riki Johnston celebrated her birthday in March, so we helped her with the food, set-up, and staying of course to help her celebrate. Those of us that were able to attend had a great time.

Since December only a couple of us have been helping at night at the Community Kitchen. Some of us now help once a week by stuffing the protein bags that they hand out at night in the kitchen. We still help monthly at the local Food Bank.

At the end of March some of us were able to serve donuts and coffee at a celebration honoring Vietnam Veterans at the local Veteran’s Health Clinic.

During March we also volunteered at Project Prom Shopping Days. High school boys and girls needing outfits for prom can come and shop for free. This is the third year we have helped. It is fun watching them come in and shop and find what they want.



See you at State Convention
Pam

PI SIGMA JOHNSTOWN, CO

Hello ESA Family. To start out, I want to give another grateful “Thank-You” for your encouraging calls, texts, emails, cards, generous “love dollars” and having spent quality in-person time with our new Chapter family as well. It has been a fun and exciting year of transformation in ESA.

Time flies by so fast, as it’s hard to believe that our Chapter will be celebrating our first Anniversary on April 17th, 2024, as an established ESA Chapter. Thinking back, more than a year ago, of starting a new ESA Chapter, reminds me of a butterfly’s life cycle. The metamorphosis of stages we learned about in elementary school as a metaphor of how to start an ESA Chapter:

Stage 1) EGG: *an idea is born, prayers, leap of faith and go for it.*

Stage 2) LARVA/CATERPILLAR: *devouring information and talking to ESA HQ.*

Stage 3) PUPA/CHRYSLIS: *transition time of talking with other ESA like-minded teamwork serving individuals and completing necessary paperwork to ESA HQ.*

Stage 4) BUTTERFLY: *a beautiful unique ESA Chapter emerges and is ready to fly/serve ...*



Speaking of butterflies, if you’re still planning to attend our Chapter’s first fundraiser: **“Spring Butterfly Brunch” on April 27th** but haven’t yet rsvp’d to Patty Ehrlick, please contact her as soon as possible. Reminder that the seating is limited, filling up fast and I’m guesstimating we won’t be taking “non-rsvp walk-in’s” at the door. Please remember that rsvp’ing ahead of time also ensures that we’ll have plenty of planned brunch menu items, will be able to respect those who have diet restrictions/food allergies AND that we have enough SURPRISES. Below are the Spring Butterfly Brunch details if you haven’t already received them. Thank you and see you then.

10am – 1pm, Saturday, April 27, 2024 (Doors will open at 9:30)

Address: High Country Beverage, 4200 Ronald Reagan Blvd, Johnstown, CO 80534

Due to limited seating, please reserve your ticket(s) asap by contacting: Patty Ehrlick (970) 673-2175

Payments can be made by Check or Zelle

(Please let us know of any Dietary restrictions / Food Allergies)

Tickets are \$30 per person and non-refundable

There will be Door Prizes, Shopping & Drawing Baskets

Sponsored in part by:

High Country Beverage, Johnstown CO

Windsor State Bank, Windsor CO

Redemption Road Coffee, Mead CO

Benefitting: St. Jude Children’s Research Hospital
and other local charities along with Pi Sigma

Thank you, Love in ESA

Susie Morris

ESA Int’l Chapter Pi Sigma #5621 – Johnstown, CO – President

You are invited to our
Springtime Butterfly Branch

Benefitting: St. Jude Children's Research Hospital
and other local charities along with Pi Sigma

Hosted by

Pi Sigma Chapter of Epsilon Sigma Alpha International

10am – 1pm, Saturday, April 27, 2024
(Doors will open at 9:30)

Address: High Country Beverage, 4200 Ronald Reagan Blvd,
Johnstown, CO 80534

**Due to limited seating, please reserve your ticket(s) by
contacting: Patty Ehrlick (970) 673-2175
Payments can be made by Check or Zelle
(Please let us know of any Dietary restrictions / Food Allergies)**

Tickets are \$30 per person and non-refundable

There will be Door Prizes & Drawing Baskets

Sponsored in part by:
High Country Beverage, Johnstown CO
Windsor State Bank, Windsor CO

ADI'S PAGE

Adi has decided to raise money again for her 7th Birthday for St. Jude Children's Hospital. After talking with Annie DeWire with ALSAC we built Adi's fundraising page through the 5K Walk/Run that will take place in Denver, CO in September. Adi has set her goal at \$5,000.00

The first weekend in April was Adi's first Cookie Stand. She set up a stand at the Chaffee County Home and Garden Show. She did very well raising over \$1,700.00. In June she will be setting up a stand at a local bank in Buena Vista.. They will match what she raises up to \$500.00.

If you have Facebook and/or Instagram you can follow Adi's fundraising journey. Just search "Adi's Cookie Stand" and follow or like. You can also check out her website here:
<http://walkrun.stjude.org/Adi-7thBirthday> or scan the QR Code to go straight to her website.



STATE CONVENTION



AN ISLAND GETAWAY

2024 ESA STATE CONVENTION
MAY 17-18-19

THE ACADEMY HOTEL COLORADO SPRINGS
8110 NORTH ACADEMY BLVD.
COLORADO SPRINGS
(719) 598-5778

Special Room Rates \$101-\$111 per night (plus tax) Until April 17th
Call to Reserve under Epsilon Sigma Alpha State Convention
Registration: \$165 until May 1st, then \$175
Friday night dinner, Saturday lunch and Banquet Dinner included
Free Breakfast Buffet if staying at hotel, \$14.99 if not staying at hotel
Only want to attend Saturday Night Banquet Dinner and Instillation

REGISTRATION FORM- complete a form for each chapter member

NAME _____
CHAPTER NAME & NUMBER _____
EMAIL _____ PHONE _____
FIRST TIME ATTENDEE ___ STATE OFFICER ___ LAMPLIGHTER ___
PLEDGE ___ ELAN ___ DINNER AND BANQUET ONLY _____
SPECIAL DIET /ALLGERIES _____
VOTING DELEGATE _____

Make checks payable to Zeta Tau # 2064

Send to: Margaret Ames
1115 Knollwood Circle
Monument, Co. 80132

More information contact: Kevin Richards @ 719-505-2819 / Mrscheep@me.com

ESA Colorado State Council Officer Candidates 2024-2025



Susan Bloss-President

- Member of Zeta Tau 2064 of Colorado Springs
- Member since 1991
- Attended 25+ State Conventions, 6 IC Conventions
- Has been Convention Co-Chair, Corresponding & Recording Secretary, and currently is President Elect
- Superpower is Organization

Lori Anderson-Havelick-President Elect



- Member of Alpha Phi
- Member since 1984
- Attended 34 State Conventions, 17 IC Conventions
- Has held multiple State Offices to include Vice President, Recording Secretary, Treasurer, Parliamentarian, ESA Foundation Chair (10 years) and many appointed offices.
- Has been a Distinguished Athenian two times and is very active in promoting ESA in her free time and has supported St Jude through incredible personal fundraising.

Jennifer Carlson-Mazza-Treasurer



- Member of Alpha Omicron 770
- Member since 2013
- Attended 2 State Conventions
- Has been the Golden Lamp Editor and Corresponding Secretary
- Along with her daughter Adi, has supported St Jude through phenomenal fundraising.



Susan Winton-Secretary

- Member of Alpha Phi
- Member since 2021
- Attended 2 State Conventions, 2 IC Conventions
- Has been our ESA Foundation Chair for the past year
- Very enthusiastic and involved in ESA



Debbie Spear-Parliamentarian

- Member of Gamma Omega 4306
- Member since 1990
- Attended 9 State Conventions, 1 IC Convention
- Has held numerous State Offices to include Chaplain, Corresponding & Recording secretary, Parliamentarian, ESA Foundation Counselor, Treasurer, Hope for Heroes Chairman, & Scrapbook Chair.
- We are thrilled to have her back on our State Board



Dana Bell-Corresponding Secretary or Communications Chairman

- Member of Zeta Tau 2064
- Member since 1996
- Attended 20+ State Conventions, 5 IC Conventions
- Strong computer skills
- Very flexible with being Corresponding Secretary or Communication Chairman 😊

2024 Rocky Mountain Regional Roundup
August 9-11, 2024
Highlands Presbyterian Church Camp
Allen's Park, Colorado

The Colorado Lamplighters invite you to attend Rocky Mountain Regional Roundup, being held at the Highlands Presbyterian Church Camp just outside of Allen's Park, Colorado, and 16 miles from Estes Park, nestled in the beautiful Rocky Mountains.

We will have 3 cabins with bunk beds; there are enough that we should only have to use the lower bunks. In addition, there are a handful of full beds. The two cabins are bunkhouse style with beds on 2 sides and bathrooms and showers in the middle along with a common area. The other cabin has a kitchen, living room and several bedrooms. This is where we will do all the cooking and have our meetings and meals.

Linen bundles will be provided and include: blanket, pillow, pillowcase, flat and fitted sheet, towel, hand towel, wash cloth.

Please bring your own toiletries.

There is WI-FI at the main lodge, but it is some distance from the cabins and is available if needed. This is a church camp; they do not allow any alcohol on the property. Smoking/Vaping is not allowed in any of the buildings but can be enjoyed at a respectful distance from the cabins.

There are 2 RV Spaces, and they have Electric, but no water or Septic hook-ups, not far from the cabins. Please let us know right away if you would like to reserve one of these spaces.

Hope to see you in Colorful Colorado!

REGISTRATION FORM

Registration Deadline: July 14, 2024

Registration: \$120.00 per person Late Registration \$130.00
 Includes 5 meals, 2 nights lodging and snacks

Make your checks payable to: Colorado Lamplighters

Mail Registration to:

Mary Humphrey
 56295 E. 28th Court
 Strasburg, CO 80136

For additional information please contact:

Patty Ehrlick	Mary Humphrey
970-673-2175	303-981-1315
ehrick824@msn.com	marykh@tds.net

Name: _____ State: _____

Address: _____

Email: _____ Cell Phone: _____

Special Dietary Needs: _____

Are you able/willing to sleep on a top bunk if needed? _____ Yes _____ No

PHOTO CONTEST

I want to do a photo contest each month, and I am hoping you all will be a part of it. Each month will have a different theme, and two months will be posted in each newsletter.

JUNE THEME: food/drink (the picture must have a summer food or drink)

JULY THEME: 4th of July (picture must have red, white, and blue, or fireworks)

If you would like to submit a photo. Please either email me the photo to goldenlampnewsletter@gmail.com or you can text me the photo to (719) 221.9447

The deadline for the next newsletter to submit photos will be May **25th**.

Two photos (one for each theme) will be chosen and included in each newsletter with the name of who took the photo, a description of the photo, and the chapter they are in.

PHOTO RULES

1. You must be the one who took the photo
2. The photo must include the theme
3. By submitting a photo you are giving me permission to include it in the Golden Lamp Newsletter
4. Please put photo contest in subject line
5. In your photo submission please include:
(your name, the month you are submitting for, a description of your photo, and your chapter info)

GOOD LUCK!!!!!!!!!!!!!!!!!!!!



CONGRATULATIONS TO.....

APRIL WINNER THEME: ANIMAL



Picture taken by:

Susie Morris

“Our little dog Bear
(12-year-old male mini-
schnauzer)”

Pi Sigma
Johnstown, CO

MAY WINNER THEME: WATER

Picture taken by:

Candi Patino

“Pacific Ocean water in the
Sunset in Kahana. Every
evening, visitors rush to the
beach to capture the last rays
of the day”

Beta XI
Berthoud, CO



**FINAL
THOUGHTS**

“A fabulous friendship multiplies the good in life.”



“Spring: A lovely reminder of how beautiful change can truly be.”



“Like wildflowers, you must allow yourself to grow in all the places people thought you never would.”



Friendship